

SUICIDE PREVENTION IN HEALTH CARE



HELPING PROVIDERS IMPROVE CARE FOR PEOPLE AT RISK FOR SUICIDE

Suicide Prevention in Health Care ECHO educates and empowers providers to competently and confidently treat individuals at risk for suicide. A multidisciplinary team of mental health experts will share information about best practices, plans and procedures. Primary care and emergency medicine providers, school officials, law enforcement and other professionals who interact with the mental health community are encouraged to participate. The ECHO's interactive online learning sessions will occur from **noon to 1 p.m. the first and third Fridays of the month.**

GOALS AND OBJECTIVES

- Promote evidence-based tools for identifying and evaluating those at risk for suicide.
- Teach best practices for treatment and application of care plans.
- Create a community of practice for sharing resources and overcoming barriers to treatment.

WHAT DOES THIS ECHO OFFER?

- No cost continuing education for professionals
- Collaboration, support and ongoing learning with a team of experts in suicide care
- Patients get better care in their community
- No cost to participating sites or individuals



READY TO JOIN?
Visit showmeecho.org

MEET THE EXPERT TEAM



Bart Andrews, PhD

*Lead Facilitator, Chief Clinical Officer
Behavioral Health Response*



Julie Leber, DO

*Psychiatrist
Compass Health*



Randy Jotte, MD

*Emergency Medicine Physician
Washington University School of Medicine*



Rob Poirier, MD, MBA

*Emergency Medicine Physician
Washington University School of Medicine*



Rebecca Hensley-Ward, PsyD

*Clinical Psychologist
Truman Medical Centers*



Richard Nobles, PhD

*Clinical Psychologist
University of Missouri-Kansas City
Truman Medical Centers*



Beth Zimmer, MD, LTC (Ret) USAR

*Family Medicine Primary Care Physician
Mercy (Retired)*



Shelby Lang, PharmD, BCPP

*Psychiatric Clinical Pharmacist
Center for Behavioral Medicine*



Kirsti Millar, MS, LPC

*Case Manager
ReDiscover*

LEARNING AND DISCUSSION TOPICS

- Understanding Theories of Suicide
- Current Topics in the Epidemiology of Suicide
- Overview of Zero Suicide
- How to Address Mental Health and Approach Patients
- Triageing Suicidal Patients and Care Strategies
- What is a Safety Plan and How Do I Implement It?
- Importance of Follow-Up Care
- Referring Patients to the Emergency Department