**Suicide Prevention Trainings by Missouri Region**

**Updated April 2023**

This guide is intended to help connect interested stakeholders (e.g., suicide prevention coalitions, advocates, health and behavioral providers) to identify and access a variety of suicide prevention trainings near them. Information on trainings are organized by region below. Designated regions and associated counties align with the [Community Mental Health Centers](https://dmh.mo.gov/media/pdf/psychiatric-services-service-area-map) service areas. Organizations providing services statewide or for most Missouri counties are also outlined.

If you do not see your organization or suicide prevention training that you offer listed, we are sorry we missed you! We want to hear from you and get you added. Please send an email to: admin@mospn.org

Information is included on a variety of trainings, including:

* [Mental Health First Aid](https://www.mentalhealthfirstaid.org/?msclkid=22ff0596b67611ecaea60ce27772fbd8) (MHFA) and related courses: skills-based training course that teaches participants about mental health and substance-use issues. **To find a MFHA related course near you, click** [**here**](http://mhfamissouri.org/home/events/?_ga=2.61280620.1514646783.1670606007-1449186170.1670606007&_gl=1%2A1rnqk00%2A_ga%2AMTQ0OTE4NjE3MC4xNjcwNjA2MDA3%2A_ga_PH0G2HQM4G%2AMTY3MDYwNjAwNi4xLjEuMTY3MDYwNjAyMS4wLjAuMA). Virtual options may be available through some instructors. Additional courses available:
	+ Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.
	+ teen Mental Health First Aid (tMHFA) is a training program for teens.
	+ Spanish versions are available for MHFA and the Youth MHFA trainings.
* [Zero Suicide](https://zerosuicide.edc.org/?msclkid=9e3ce120b67611eca1da88f4a08f534f): system-wide approach to improve suicide care within health and behavioral health systems. The foundational belief of Zero Suicide is that suicide deaths for individuals under the care of health and behavioral health systems are preventable. For systems dedicated to improving patient safety, Zero Suicide presents an aspirational challenge and practical framework for system-wide transformation toward safer suicide care.
* [Counseling (Conversations) around Lethal Means](https://www.sprc.org/resources-programs/calm-counseling-access-lethal-means?msclkid=d2c456deb67611ec9a0cfff32155e749) (CALM): course is about how to reduce access to the methods people use to kill themselves. It covers who needs lethal means counseling and how to work with people at risk for suicide—and their families—to reduce access.
* [Questions. Persuade. Refer](https://qprinstitute.com/). (QPR): trains people to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help **To find an instructor near you to train your organization, click** [**here**](https://qprinstitute.com/organization-training)**.**
* [Missouri Ask Listen Refer](https://www.moasklistenrefer.org/main?msclkid=244887d3b67711eca9baee6c84f424d4) (ALR): designed to help Missouri residents prevent suicide by teaching them to identify people at risk, recognize the risk and protective factors, and respond to and get help for people at risk. **This free training can be completed** [**online**](https://www.moasklistenrefer.org/signup) **.**
* [Signs of Suicide](https://www.mindwise.org/sos/?msclkid=344a999ab67d11ecac02ce9f561b2b48) (SOS): teaches students how to identify indicators of depression and suicide in themselves and their peers.
* [Collaborative Assessment and Management of Suicidality (CAMS)-Care](https://cams-care.com/): trains clinicians and systems of care to treat people suffering with thoughts of suicide. **Online training courses for individual or for multiple seats for an organization can be purchased online** [**here**](https://cams-care.com/products/)**.**
* [LivingWorks Applied Suicide Intervention Skills Training](https://www.livingworks.net/asist) (ASIST): teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. **To find a training near you, click** [**here**](https://legacy.livingworks.net/training-and-trainers/find-a-training-workshop/)**.**
* [Veteran Affairs S.A.V.E](https://www.mentalhealth.va.gov/mentalhealth/suicide_prevention/docs/VA_SAVE_Training.pdf) (Signs, Ask, Validate, Encourage and Expedite): training to help those who encounter a Veteran who is in crisis.
* Additional suicide and mental health resources can be found listed at the end of this guide.

**Statewide Trainings and Resources:**

AgriSafe

Linda Emanuel: lemanuel@agrisafe.org

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost*  | *Additional Information*  |
| QPR for farmers and farm families | Free to Missouri organizations and groups | QPR trainings are designed for Ag Producers, Ag Businesses and Health Care professionals. The trainings may be given virtual or in-person and are intended for those who are farmers or farm families. AgriSafe has a QPR trainer who is also a Missouri rancher available to train in your state. We do ask for in person groups to be 20-30 in number and virtual over 15.  |

**Missouri Department of Mental Health**:

Casey Muckler

casey.muckler@dmh.mo.gov

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| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | Free. Coast associated to become an instructor. | Available through PRCs [Prevention Resource Network Map](https://dmh.mo.gov/media/pdf/prevention-resource-network-map) . In person, virtual, and hybrid options.  |
| QPR for SUD | Free when available. (Dependent on Grant Funding) | In person or virtual.  |
| SOS | Often free. New license: $495, Annual subscription renewal $300.  | In person or virtual. Available through PRCs [Prevention Resource Network Map | dmh.mo.gov](https://dmh.mo.gov/media/pdf/prevention-resource-network-map) |
| CAMS-Care | Free when available. (Dependent on Grant Funding) | Virtual.  |
| LivingWorks | Free when available. (Dependent on Grant Funding) | In person.  |
| Veteran Affairs S.A.V.E | Free when available. (Dependent on Grant Funding) | Virtual.  |
| Domestic Violence Suicide Prevention Training  | Free when available. (Dependent on Grant Funding) | Virtual. Curriculum developed through EDC for the COVID-19 grant. |
| AMSR for SUD | Free when available. (Dependent on Grant Funding) | In person. |
| Zero Suicide Academy | Free | Virtual.  |
| QPR | Free | Available through PRCs. In person, or virtual. [Prevention Resource Network Map | dmh.mo.gov](https://dmh.mo.gov/media/pdf/prevention-resource-network-map) |
| Teen MHFA | Yes-$1,700/instructor and $12.95/manual | Only available for schools and organizations-not individuals. In person or blended options.  |
| Youth MHFA | Yes-$170/person and 20/manual(sometimes free courses with limited availability)  | Available through PRCs. In person, virtual, and hybrid options. [Prevention Resource Network Map | dmh.mo.gov](https://dmh.mo.gov/media/pdf/prevention-resource-network-map) |

**Missouri Behavioral Health Council**

admin@mospn.org

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| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | Yes | Please reach out to the contact email for further information.  |
| CALM | Yes | Please reach out to the contact email for further information. |

**Most Counties in Missouri**:

**MU Extension**

Kyleigh Brown

k.brown@missouri.edu

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | Virtual, in person, and hybrid options. Counties: All MO counties except Clay, Platte, and St. Charles.  |
| QPR | None | Virtual, in person, and hybrid options. Counties: All MO counties except Clay, Platte, and St. Charles. |
| Youth Mental Health First Aid | None | Virtual, in person, and hybrid options. Counties: All MO counties except Clay, Platte, and St. Charles. |
| Teen Mental Health First Aid | None | Virtual, in person, and hybrid options. Counties: All MO counties except Clay, Platte, and St. Charles. |

**American Foundation for Suicide Prevention-Missouri Chapter**

Phyllis Blackwelder

pblackwelder@afsp.org

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | Virtual. Counties: All in MO except: Clay, Platte, St. Charles, |
| ASIST | None | In person. Counties: All in MO except: Clay, Platte, St. Charles, |
| Youth Mental Health First Aid | None | Virtual. Counties: All in MO except: Clay, Platte, St. Charles, |
| Talk Saves Lives (standard, seniors, LGBTIQQ, firearm safety, workplace setting and corrections modules), More Than Sad (teens, parents and educator modules), It's Real: College Students and Mental Health, Gizmo's Pawsome Guide to Mental Health, It's Real: Teens and Mental Health, | None | Virtual: Talk Saves Lives (standard, seniors, LGBTIQQ, firearm safety modules), More Than Sad (teens, parents and educator modules), It's Real: College Students and Mental Health, Gizmo's Pawsome Guide to Mental Health, It's Real: Teens and Mental Health.In person: safeTALK Talk Saves Lives, More Than Sad, It's Real: College Students and Mental Health, Gizmo's Pawsome Guide to Mental Health, It's Real: Teens and Mental Health, |

**Safer Homes Collaborative**

Katie Ellison

katie.ellison@mimh.edu

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| Conversations for Suicide Safer Homes | 1 Hour Conversations for Suicide Safer Homes workshop - free to participants. Currently the 8-hour CSSH instructor training is free. | Virtual and in person options. Counties: Adair, Audrain, Barry, Benton, Barton, Bollinger, Boone, Butler, Callaway, Camden, Cape Girardeau, Carter, Cedar, Chariton, Christian, Clark, Cole, Cooper, Crawford, Dade, Dallas, Dent, Douglas, Dunklin, Franklin, Gasconade, Greene, Hickory, Howard, Howell, Iron, Jasper, Jefferson, Knox, Laclede, Lawrence, Lewis, Lincoln, Linn, Macon, Madison, Maries, Marion, McDonald, Miller, Mississippi, Moniteau, Monroe, Montgomery, Morgan, new Madrid, Newton, Oregon, Osage, Ozark, Pemiscot, Perry, Phelps, Pike, Polk, Pulaski, Putnam, Ralls, Randolph, Reynolds, Ripley, Schuyler, Scotland, Scott, Shannon, Shelby, St. Francois, St. Louis City, St. Louis County, Ste. Genevieve, Stoddard, Stone, Sullivan, Taney, Texas, Warren, Washington, Wayne, Webster, Wright |

**Region 1**

Counties Served: Andrew, Atchison, Buchanan, Clinton, DeKalb, Gentry, Holt, Nodaway, Worth.

**Preferred Family Healthcare**

Edward Mears

emears@pfh.org

moprevention@pfh.org

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | Virtual, in person, hybrid options. Andrew, Atchison, Buchanan, Clinton, Dekalb, Gentry, Holt, Nodaway, Worth. |
| QPR | None | Virtual, in person, hybrid options. Andrew, Atchison, Buchanan, Clinton, Dekalb, Gentry, Holt, Nodaway, Worth. |
| SOS | None | Virtual, in person, hybrid options. Andrew, Atchison, Buchanan, Clinton, Dekalb, Gentry, Holt, Nodaway, Worth. |
| Youth Mental Health First Aid | None | Virtual, in person, hybrid options. Andrew, Atchison, Buchanan, Clinton, Dekalb, Gentry, Holt, Nodaway, Worth. |

**City of St. Joseph Health Department**

Stephanie Malita

smalita@stjosephmo.gov

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | In person. Counties: Buchanan |
| SOS | None | SOS materials provided to interested schools-no training on SOS provided. |
| Youth Mental Health First Aid | None | In person. Counties: Buchanan |

**Andrew County Health Department**

Jayne White

jaynew@andrewcountyhealth.com

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| Youth Mental Health First Aid | TBD | Virtual, In person, and hybrid |

**Regions 2-5**

*Counties Served: Jackson*

**Compass Health**

Ethan Newman

enewman@compasshn.org

660-223-2387

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | None | Virtual, in person, hybrid options. Counties: Jackson. |
| QPR | None | In person and virtually. Counties: Jackson.  |
| SOS | None | In person. Counties: Jackson.  |
| LivingWorks ASIST | None up to a certain amount.  | In person. Counties: Jackson.  |

**Independence Health Department**

Halie Smith-Griffin

hsmith-griffin@indepmo.org

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| Youth MHFA  | None | Training available in Independence  |

**Region 6**

*Counties Served: Clay, Platte, Ray*

**Tri-County Mental Health Services**

Taylor Cline

taylorc@tri-countymhs.org

816-468-0400

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | $23.95Free in certain circumstances.  | Youth Mental Health First Aid offered quarterly as blended virtual courses to anyone regardless of whether they're in Missouri or not. Teen Mental Health First Aid offered in-person when requested by schools/organizations in Clay, Platte or Ray Counties. |
| SOS | None | Provided in-person or virtual on an as needed basis to schools in Clay, Platte and Ray Counties.  |
| Hope Squad | None for training and resources are available to cover material expenses  | Assists schools in implementing Hope Squads. Offered to Clay, Platte, and Ray County schools on an as needed basis.  |

**Region 7**

*Counties Served: Cass, Johnson, Lafayette*

**Compass Health**

Ethan Newman

enewman@compasshn.org

660-223-2387

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | None | Virtual, in person, hybrid options. Counties: Cass, Johnson, Lafayette.  |
| QPR | None | In person and virtually. Counties: Cass, Johnson, Lafayette. |
| SOS | None | In person. Counties: Cass, Johnson, Lafayette. |
| LivingWorks ASIST | None up to a certain amount.  | In person. Counties: Cass, Johnson, Lafayette. |

**Region 8A**

*Counties Served: Barry, Dade, Lawrence*

**Ozarks Area Community Action Corporation (OACAC)**

Sara Villines

svillines@oac.ac

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| Adult Mental Health First Aid | None | Virtual, in person, and hybrid. Counties: Barry, Christian, Dade, Dallas, Greene, Lawrence, Polk, Stone, Taney & Webster. |
| QPR | None | Virtual and in person. Counties: Barry, Christian, Dade, Dallas, Greene, Lawrence, Polk, Stone, Taney & Webster. |
| Youth Mental Health First Aid | None | Virtual, in person, and hybrid. Counties: Barry, Christian, Dade, Dallas, Greene, Lawrence, Polk, Stone, Taney & Webster. |
| Teen Mental Health First Aid | None | In person. Counties: Barry, Christian, Dade, Dallas, Greene, Lawrence, Polk, Stone, Taney & Webster. |

**Region 8B**

*Counties Served: Bates, Benton, Cedar, Henry, Hickory, St. Clair, Vernon*

**Compass Health**

Ethan Newman

enewman@compasshn.org

660-223-2387

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | None | Virtual, in person, hybrid options. Counties: Bates, Benton, Cedar, Henry, St. Clair, Vernon.  |
| QPR | None | In person and virtually. Counties: Bates, Benton, Cedar, Henry, St. Clair, Vernon.  |
| SOS | None | In person. Counties: Bates, Benton, Cedar, Henry, St. Clair, Vernon.  |
| LivingWorks ASIST | None up to a certain amount.  | In person. Counties: Bates, Benton, Cedar, Henry, St. Clair, Vernon.  |

**Region 9**

*Counties Served: Barton, Jasper, McDonald, Newton*

**Ozark Center Comprehensive Behavioral Health Services**

Deborah Fitzgerald

dlfitzgerald@freemanhealth.com

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | Cost of manuals and lunch | Offered within the community on-demand and in-person in the service area (Barton, Jasper, Newton and McDonald counties) |
| CALM  | None | Offered in the community by request in the service area  |
| QPR | Cost of the QPR booklet | Offered in the community by request in the service area |
| SOS | None | Offered to all school districts within the service area and provided to any/all 5th grade through 12th grade students |

**Region 10**

*Counties Served: Christian, Dallas, Greene, Polk, Stone, Taney, Webster*

**Ozarks Area Community Action Corporation (OACAC)**

Sara Villines

svillines@oac.ac

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| Adult Mental Health First Aid | None | Virtual, in person, and hybrid. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster. |
| QPR | None | Virtual and in person. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster. |
| Youth Mental Health First Aid | None | Virtual, in person, and hybrid. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster. |
| Teen Mental Health First Aid | None | In person. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster. |

**Stone County Health Department**

Monica Mueller

Monica.Mueller@lpha.mo.gov

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | Unknown format done through MU Extension. Counties: Stone.  |
| QPR | None | Unknown format done through MU Extension. Counties: Stone. |
| Youth Mental Health First Aid | None | Unknown format done through MU Extension. Counties: Stone. |

**Region 11**

*Counties Served: Camden, Cole, Laclede, Miller, Osage, Pulaski*

**Chads Coalition for Mental Health**

Marian McCord

marianm@chadscoalition.org

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| SOS | $175 per student presentation, $300 per parent presentation, $450 per school training  | Virtual, In person, and hybrid options. Counties: Cole. |
| Suicide Risk Assessment | $650 | Virtual, in person, and hybrid options. Counties: Cole. |

**Compass Health**

Ethan Newman

enewman@compasshn.org

660-223-2387

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | None | Virtual, in person, hybrid options. Counties: Camden, Cole, Laclede, Miller, Pulaski.  |
| QPR | None | In person and virtually. Counties: Camden, Cole, Laclede, Miller, Pulaski.  |
| SOS | None | In person. Counties: Camden, Cole, Laclede, Miller, Pulaski.  |
| LivingWorks ASIST | None up to a certain amount.  | In person. Counties: Camden, Cole, Laclede, Miller, Pulaski.  |

**Region 12**

*Counties Served: Boone, Carroll, Chariton, Cooper, Howard, Moniteau, Morgan, Pettis, Randolph, Saline*

**Pettis County Health Center**

Erica Elliott

erica.elliott@lpha.mo.gov

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| --- | --- | --- |
| Training | Cost | Additional Information |
| Youth Mental Health First Aid | None | Virtual, in person, and hybrid options. Counties: Pettis |
| QPR | None | Virtual, in person, and hybrid. Counties: Pettis.  |

**Region 13**

*Counties Served: Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan*

**Preferred Family Healthcare**

Edward Mears

emears@pfh.org

moprevention@pfh.org

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | Virtual, in person, hybrid options. Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan. |
| QPR | None | Virtual, in person, hybrid options. Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan. |
| SOS | None | Virtual, in person, hybrid options. Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan. |
| Youth Mental Health First Aid | None | Virtual, in person, hybrid options. Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan. |

**Moms Breaking the Silence**

Tosha Shoush

endthestigma4@gmail.com

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | In person only. Counties: Linn. |
| QPR | None | In person only. Counties: Linn. |
| Youth Mental Health First Aid | None | In person only. Counties: Linn. |
| Teen Mental Health First Aid | None | In person only. Counties: Linn. |

**Compass Health**

Ethan Newman

enewman@compasshn.org

660-223-2387

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | None | Virtual, in person, hybrid options. Counties: Boone, Chariton, Howard, Pettis, Randolph.  |
| QPR | None | In person and virtually. Counties: Boone, Chariton, Howard, Pettis, Randolph.  |
| SOS | None | In person. Counties: Boone, Chariton, Howard, Pettis, Randolph.  |
| LivingWorks ASIST | None up to a certain amount.  | In person. Counties: Boone, Chariton, Howard, Pettis, Randolph.  |

**Region 14**

*Counties Served: Adair, Clark, Knox, Lewis, Macon, Marion, Schuyler, Scotland, Shelby*

**Preferred Family Healthcare**

Edward Mears

emears@pfh.org

moprevention@pfh.org

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | Virtual, in person, hybrid options. Adair, Clark, Knox, Lewis, Macon, Marion, Schuyler, Scotland, Shelby. |
| QPR | None | Virtual, in person, hybrid options. Adair, Clark, Knox, Lewis, Macon, Marion, Schuyler, Scotland, Shelby. |
| SOS | None | Virtual, in person, hybrid options. Adair, Clark, Knox, Lewis, Macon, Marion, Schuyler, Scotland, Shelby. |
| Youth Mental Health First Aid | None | Virtual, in person, hybrid options. Adair, Clark, Knox, Lewis, Macon, Marion, Schuyler, Scotland, Shelby. |

**Chads Coalition for Mental Health**

Marian McCord

marianm@chadscoalition.org

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| SOS | $175 per student presentation, $300 per parent presentation, $450 per school training  | Virtual, In person, and hybrid options. Counties: Marion. |
| Suicide Risk Assessment | $650 | Virtual, in person, and hybrid options. Counties: Marion. |

**Moms Breaking the Silence**

Tosha Shoush

endthestigma4@gmail.com

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | In person only. Counties: Macon.  |
| QPR | None | In person only. Counties: Macon. |
| Youth Mental Health First Aid | None | In person only. Counties: Macon. |
| Teen Mental Health First Aid | None | In person only. Counties: Macon. |

**Region 15**

*Counties Served: Audrain, Callaway, Monroe, Montgomery, Pike, Ralls*

**Chads Coalition for Mental Health**

Marian McCord

marianm@chadscoalition.org

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| SOS | $175 per student presentation, $300 per parent presentation, $450 per school training  | Virtual, In person, and hybrid options. Counties: Callaway, Monroe. |
| Suicide Risk Assessment | $650 | Virtual, in person, and hybrid options. Counties: Callaway, Monroe. |

**Compass Health**

Ethan Newman

enewman@compasshn.org

660-223-2387

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | None | Virtual, in person, hybrid options. Counties: Callaway.  |
| QPR | None | In person and virtually. Counties: Callaway.  |
| SOS | None | In person. Counties: Callaway.  |
| LivingWorks ASIST | None up to a certain amount.  | In person. Counties: Callaway.  |

**Region 16**

*Counties Served: Franklin, Lincoln, St. Charles, Warren*

**Compass Health**

Ethan Newman

enewman@compasshn.org

660-223-2387

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | None | Virtual, in person, hybrid options. Counties: Franklin, Lincoln, St. Charles, Warren.  |
| QPR | None | In person and virtually. Counties: Franklin, Lincoln, St. Charles, Warren.  |
| SOS | None | In person. Counties: Franklin, Lincoln, St. Charles, Warren.  |
| LivingWorks ASIST | None up to a certain amount.  | In person. Counties: Franklin, Lincoln, St. Charles, Warren.  |

**St. Louis Regional Suicide Prevention Coalition**

Elizabeth Makulec

elizabeth.makulec@kuto.org

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | Determined by coalition | Training provided by coalition members. Counties: Franklin, St. Charles. |
| CALM | Determined by coalition | Training provided by coalition members. Counties: Franklin, St. Charles. |
| QPR | Determined by coalition | Training provided by coalition members. Counties: Franklin, St. Charles. |
| SOS | Determined by coalition | Training provided by coalition members. Counties: Franklin, St. Charles. |
| ASSIST | Determined by coalition | Training provided by coalition members. Counties: Franklin, St. Charles. |
| Youth Mental Health First Aid | Determined by coalition | Training provided by coalition members. Counties: Franklin, St. Charles. |
| Teen Mental Health First Aid | Determined by coalition | Training provided by coalition members. Counties: Franklin, St. Charles. |

**PreventEd**

Stacie Zellin

szellin@prevented.org

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| --- | --- | --- |
| Training | Cost | Additional Information |
| Youth Mental Health First Aid | None | Virtual and in person. Counties Franklin, Lincoln, Warren. |
| Teen Mental Health First Aid | None | In person only. Counties Franklin, Lincoln, Warren. |

**Veterans’ Health Administration**

St. Louis Suicide Prevention Team

VHASPCMO-657STLSuicidePreventionTeam@va.gov

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| Veteran Affairs S.A.V.E | None | Virtual and in person offered. Counties: Franklin, Lincoln, Warren.  |

**Chads Coalition for Mental Health**

Marian McCord

marianm@chadscoalition.org

|  |  |  |
| --- | --- | --- |
| Training | Cost | Additional Information |
| SOS | $175 per student presentation, $300 per parent presentation, $450 per school training  | Virtual, In person, and hybrid options. Counties: Franklin, Lincoln. |
| Suicide Risk Assessment | $650 | Virtual, in person, and hybrid options. Counties: Franklin, Lincoln. |

**Region 17A**

*Counties Served: Crawford, Dent, Gasconade, Maries, Phelps*

**Compass Health**

Ethan Newman

enewman@compasshn.org

660-223-2387

|  |  |  |
| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | None | Virtual, in person, hybrid options. Counties: Crawford, Dent, Gasconade, Phelps.  |
| QPR | None | In person and virtually. Counties: Crawford, Dent, Gasconade, Phelps.  |
| SOS | None | In person. Counties: Crawford, Dent, Gasconade, Phelps.  |
| LivingWorks ASIST | None up to a certain amount.  | In person. Counties: Crawford, Dent, Gasconade, Phelps.  |

**Region 17B**

*Counties Served: Iron, St. Francois, Washington*

**Behavioral Health Response (BHR)**

Nikki Edwards

nedwards@bhrworldwide.com

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| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | Yes, varies please contact for more information on cost.  | In person and virtual options. Counties: Iron, St. Francois, Washington.  |
| Suicide Awareness and Prevention/Intervention Middle/High school, and Adults.  | Yes, varies | In person and virtual options. Counties: Iron, St. Francois, Washington.  |
| LivingWorks ASIST | Yes, varies  | Available in-person only. Counties: Iron, St. Francois, Washington.  |

**Region 18**

*Counties Served: Douglas, Howell, Oregon, Ozark, Shannon, Texas, Wright*

No organizations have been identified that provide trainings to these specific counties. Please see organizations listed under **Statewide Trainings and Resources** or **Most Missouri Counties** for potential training opportunities.

**Region 19**

*Counties Served: Butler, Carter, Dunklin, Pemiscot, Reynolds, Ripley, Wayne*

**Southeast Missouri Behavioral Health**

Scott Greer

**prevention@semobh.org**

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| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | Varies | Virtual and in person offered. Counties: Butler, Carter, Reynolds, Ripley, Wayne. |
| QPR | No cost | In person. Counties: Butler, Carter, Reynolds, Ripley, Wayne. |
| SOS | Provided to schools for no cost | In person. Counties: Butler, Carter, Reynolds, Ripley, Wayne. |
| Youth Mental Health First Aid | Varies | Virtual. Counties: Butler, Carter, Reynolds, Ripley, Wayne. |

**Lincoln University Cooperative Extension**

Rosie Davis

rosiel\_davis@yahoo.com

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| --- | --- | --- |
| Trainings | Cost | Additional Information |
| MHFA | Varies, some free | Virtual, in person, and hybrid options available. Counties: Butler, Dunklin, Pemiscot. |
| ALR | Varies, some free | Hybrid. Counties: Butler, Dunklin, Pemiscot. |
| QPR | Varies, some free | Hybrid. Counties: Butler, Dunklin, Pemiscot. |
| Youth Mental Health First Aid | Varies, some free | Virtual, in person, and hybrid options available. Counties: Butler, Dunklin, Pemiscot. |
| Teen Mental Health First Aid | Varies, some free | Virtual, in person, and hybrid options available. Counties: Butler, Dunklin, Pemiscot. |

**Region 20**

*Counties Served: Mississippi, New Madrid, Scott, Stoddard*

**Southeast Missouri Behavioral Health**

Scott Greer

**prevention@semobh.org**

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| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | Varies | Virtual and in person offered. Counties: Stoddard.  |
| QPR | No cost | In person. Counties: Stoddard. |
| SOS | Provided to schools no cost | In person. Counties: Stoddard. |
| Youth Mental Health First Aid | Varies | Virtual. Counties: Stoddard. |

**Lincoln University Cooperative Extension**

Rosie Davis

rosiel\_davis@yahoo.com

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| --- | --- | --- |
| Trainings | Cost | Additional Information |
| MHFA | Varies, some free | Virtual, in person, and hybrid options available. Counties: Mississippi, New Madrid, Scott.  |
| ALR | Varies, some free | Hybrid. Counties: Mississippi, New Madrid, Scott. |
| QPR | Varies, some free | Hybrid. Counties: Mississippi, New Madrid, Scott. |
| Youth Mental Health First Aid | Varies, some free | Virtual, in person, and hybrid options available. Counties: Mississippi, New Madrid, Scott. |
| Teen Mental Health First Aid | Varies, some free | Virtual, in person, and hybrid options available. Counties: Mississippi, New Madrid, Scott. |

**Region 21**

*Counties Served: Bollinger, Cape Girardeau, Madison, Perry, Ste. Genevieve*

**Community Counseling Center**

Rick Strait

rstrait@cccntr.com

573-334-1100

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| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | Varies | Currently offered virtual. Counties: Bollinger, Cape Girardeau, Madison, Perry, Ste. Genevieve |
| CALM  | Varies | Offered virtually and in-person Counties: Bollinger, Cape Girardeau, Madison, Perry, Ste. Genevieve |
| QPR | Varies | Currently offered virtual, but in the future it will likely be offered virtual and in-person. Counties: Bollinger, Cape Girardeau, Madison, Perry, Ste. Genevieve |
| Youth Mental Health First Aid | Varies  | Currently offered virtual Counties: Bollinger, Cape Girardeau, Madison, Perry, Ste. Genevieve |

**Region 22**

*Counties Served: Jefferson*

**PreventEd**

Stacie Zellin

szellin@prevented.org

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| --- | --- | --- |
| Training | Cost | Additional Information |
| Youth Mental Health First Aid | None | Virtual and in person. Counties Jefferson.  |
| Teen Mental Health First Aid | None | In person only. Counties Jefferson.  |

**Veterans’ Health Administration**

St. Louis Suicide Prevention Team

VHASPCMO-657STLSuicidePreventionTeam@va.gov

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| --- | --- | --- |
| Training | Cost | Additional Information |
| Veteran Affairs S.A.V.E | None | Virtual and in person offered. Counties: Jefferson.  |

**Chads Coalition for Mental Health**

Marian McCord

marianm@chadscoalition.org

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| --- | --- | --- |
| Training | Cost | Additional Information |
| SOS | $175 per student presentation, $300 per parent presentation, $450 per school training  | Virtual, In person, and hybrid options. Counties: Jefferson. |
| Suicide Risk Assessment | $650 | Virtual, in person, and hybrid options. Counties: Jefferson. |

**St. Louis Regional Suicide Prevention Coalition**

Elizabeth Makulec

elizabeth.makulec@kuto.org

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| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | Determined by coalition | Training provided by coalition members. Counties: Jefferson |
| CALM | Determined by coalition | Training provided by coalition members. Counties: Jefferson |
| QPR | Determined by coalition | Training provided by coalition members. Counties: Jefferson |
| SOS | Determined by coalition | Training provided by coalition members. Counties: Jefferson. |
| ASSIST | Determined by coalition | Training provided by coalition members. Counties: Jefferson |
| Youth Mental Health First Aid | Determined by coalition | Training provided by coalition members. Counties: Jefferson |
| Teen Mental Health First Aid | Determined by coalition | Training provided by coalition members. Counties: Jefferson |

**Behavioral Health Response (BHR)**

Nikki Edwards

nedwards@bhrworldwide.com

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| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | Yes, varies please contact for more information on cost.  | In person and virtual options. Counties: Jefferson.  |
| Suicide Awareness and Prevention/Intervention Middle/High school, and Adults.  | Yes, varies | In person and virtual options. Counties: Jefferson.  |
| LivingWorks ASIST | Yes, varies  | Available in-person only. Counties: Jefferson. |

**Region 23-25**

*Counties Served: St. Louis City and St. Louis*

**Behavioral Health Response (BHR)**

Nikki Edwards

nedwards@bhrworldwide.com

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| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | Yes, varies please contact for more information on cost.  | In person and virtual options. Counties: St. Louis City/County.  |
| Suicide Awareness and Prevention/Intervention Middle/High school, and Adults.  | Yes, varies | In person and virtual options. Counties: St. Louis City/County.  |
| LivingWorks ASIST | Yes, varies  | Available in-person only. Counties: St. Louis City/County. |

**Provident Behavioral Health**

Shelby Beasley

szurickbeasley@providentstl.org

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| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | $150/hr. | In person. Counties: St. Louis City, St. Louis County |
| QPR | $150/hr. | Hybrid options. Counties: St. Louis City, St. Louis County. |
| ASIST | $180 for full two-day training | In person. Counties: St. Louis City, St. Louis County. |
| Youth Mental Health First Aid | $150/hr. | In person. Counties: St. Louis City, St. Louis County. |

**Missouri Institute of Mental Health**

**Liz Sale**

**liz.sale@mimh.edu**

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| --- | --- | --- |
| *Training*  | *Cost* | *Additional Information* |
| MHFA  | None | Offered to general public as well as instructor training. Training for general public is free. Trainings located in St. Louis area.  |
| CALM  | None | Offered virtually and in-person. Open to anyone in St. Louis area or travelling to that area.  |
| QPR | None | Offered on demand, in-person or virtually. Open to anyone in or travelling to St. Louis.  |
| Conversations on Suicide Safer Homes | None | Offered virtually and in person to anyone in or traveling to St. Louis.  |

**PreventEd**

Stacie Zellin

szellin@prevented.org

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| --- | --- | --- |
| Training | Cost | Additional Information |
| Youth Mental Health First Aid | None | Virtual and in person. Counties: St. Louis County, St. Louis City. |
| Teen Mental Health First Aid | None | In person only. Counties: St. Louis County, St. Louis City. |

**Veterans’ Health Administration**

St. Louis Suicide Prevention Team

VHASPCMO-657STLSuicidePreventionTeam@va.gov

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| --- | --- | --- |
| Training | Cost | Additional Information |
| Veteran Affairs S.A.V.E | None | Virtual and in person offered. Counties: St. Louis City, St. Louis County.  |

**Chads Coalition for Mental Health**

Marian McCord

marianm@chadscoalition.org

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| --- | --- | --- |
| Training | Cost | Additional Information |
| SOS | $175 per student presentation, $300 per parent presentation, $450 per school training  | Virtual, In person, and hybrid options. Counties: St. Louis City, St. Louis County. |
| Suicide Risk Assessment | $650 | Virtual, in person, and hybrid options. Counties: St. Louis City, St. Louis County. |

**Ozarks Area Community Action Corporation (OACAC)**

Sara Villines

svillines@oac.ac

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| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | Virtual, in person, and hybrid. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster. |
| QPR | None | Virtual and in person. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster. |
| Youth Mental Health First Aid | None | Virtual, in person, and hybrid. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster. |
| Teen Mental Health First Aid | None | In person. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster. |

**Midtown Service and Treatment Center (The Salvation Army)**

Holly Allen

holly.allen@usc.salvationarmy.org

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| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | None | Virtual. Counties: St. Louis City, St. Louis County.  |
| Zero Suicide | None | Hybrid. Counties: St. Louis City, St. Louis County. |
| QPR | None | Virtual, In person. Counties: St. Louis City, St. Louis County. |

**St. Louis Regional Suicide Prevention Coalition**

Elizabeth Makulec

elizabeth.makulec@kuto.org

[Contact | stlsuicideprevention.org](https://link.edgepilot.com/s/336b23ce/FtEKhJFCiEyMJ1M7Z8ZE1w?u=https://www.stlsuicideprevention.org/contact)

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| --- | --- | --- |
| Training | Cost | Additional Information |
| MHFA | Determined by coalition | Training provided by coalition members. Counties: St. Louis City, St. Louis County. |
| CALM | Determined by coalition | Training provided by coalition members. Counties: St. Louis City, St. Louis County. |
| QPR | Determined by coalition | Training provided by coalition members. Counties: St. Louis City, St. Louis County. |
| SOS | Determined by coalition | Training provided by coalition members. Counties: St. Louis City, St. Louis County. |
| ASSIST | Determined by coalition | Training provided by coalition members. Counties: St. Louis City, St. Louis County. |
| Youth Mental Health First Aid | Determined by coalition | Training provided by coalition members. Counties: St. Louis City, St. Louis County. |
| Teen Mental Health First Aid | Determined by coalition | Training provided by coalition members. Counties: St. Louis City, St. Louis County. |

Other Resources:

**Hope Policy Academy**

Ryan Lindsay

rlindsay@wustl.edu

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| --- | --- | --- |
| Training | Cost | Additional Information |
| Customized workshops utilizing evidence-informed suicide risk assessment, safety planning, and interventions (DBT, BCBT-SP). | Price based on workshop specifics | Offered primarily to hospitals, schools, and community providers. Virtual and in person options. Counties: Jefferson, St. Louis City, St. Louis County.  |

**St. Louis Queer+ Support Helpline**

Luka Cai

general@thesqsh.org

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| --- | --- | --- |
| Training | Cost | Additional Information |
| Peer Counseling Training (50 Hours) | Free to attend for Helpline Volunteers undergoing Peer Counseling trainings to serve on SQSH's Peer Support Helpline for 1 year Sliding scale charge for other organizations or participants to request Trainings from SQSH, at an average rate of $300/hour | Virtual and in person options. Counties: Clinton, Crawford, Franklin, Jefferson, Lincoln, Madison, Monroe, St. Clair, St. Louis City, St. Louis County, Warren |

**Northwest Missouri Suicide Prevention Coalition**

Hilary Castleberry

hcastle96@yahoo.com

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| --- | --- | --- |
| Training | Cost | Additional Information |
| Mental Health Awareness | None | In person. Counties: Daviess, Harrison, Mercer. |

If you do not see your organization or training listed, we are sorry we missed you! We want to hear from you and get you added. Please send an email to: admin@mospn.org