



Suicide Prevention Trainings by Missouri Region

Updated April 2023

This guide is intended to help connect interested stakeholders (e.g., suicide prevention coalitions, advocates, health, and behavioral providers) to identify and access a variety of suicide prevention trainings near them. Training Information is organized by region below. Designated regions and associated counties align with the [Community Mental Health Centers](#) service areas. Organizations providing services statewide or for most Missouri counties are also outlined.

If you do not see your organization or suicide prevention training that you offer listed, we are sorry we missed you! We want to hear from you and get you added. Please send an email to: admin@mospn.org.

Information is included on a variety of trainings, including:

- [Mental Health First Aid](#) (MHFA) and related courses: skills-based training course that teaches participants about mental health and substance-use issues. **To find an MFHA-related course near you, click [here](#).** Virtual options may be available through some instructors. Additional courses available:
 - Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.
 - teen Mental Health First Aid (tMHFA) is a teen training program.
 - Spanish versions are available for MHFA and the Youth MHFA trainings.
- [Zero Suicide](#): a system-wide approach to improve suicide care within health and behavioral health systems. The foundational belief of Zero Suicide is that suicide deaths for individuals under the care of health and behavioral health systems are preventable. For systems dedicated to improving patient safety, Zero Suicide presents an aspirational challenge and practical framework for system-wide transformation toward safer suicide care.
- [Counseling \(Conversations\) around Lethal Means](#) (CALM): the course is about how to reduce access to the methods people use to kill themselves. It covers who needs lethal means counseling and how to work with people at risk for suicide—and their families—to reduce access.
- [Questions. Persuade. Refer.](#) (QPR): trains people to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. **To find an instructor near you to train your organization, click [here](#).**
- [Missouri Ask Listen Refer](#) (ALR): designed to help Missouri residents prevent suicide by teaching them to identify people at risk, recognize the risk and protective factors, and respond to and get help for people at risk. **This free training can be completed [online](#).**



- [Signs of Suicide \(SOS\)](#): teaches students how to identify indicators of depression and suicide in themselves and their peers.
- [Collaborative Assessment and Management of Suicidality \(CAMS\)-Care](#): trains clinicians and systems of care to treat people suffering from thoughts of suicide. **Online training courses for individuals or multiple organization seats can be purchased [here](#).**
- [LivingWorks Applied Suicide Intervention Skills Training \(ASIST\)](#): teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. **To find a training near you, click [here](#).**
- [Veteran Affairs S.A.V.E](#) (Signs, Ask, Validate, Encourage and Expedite): training to help those who encounter a Veteran in crisis.
- Additional suicide and mental health resources can be found listed at the end of this guide.

Statewide Trainings and Resources:

AgriSafe:

Linda Emanuel

lemanuel@agrisafe.org

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
QPR for farmers and farm families	Free to Missouri organizations and groups	QPR trainings are designed for Ag Producers, Ag Businesses and Health Care professionals. The trainings may be given virtual or in-person and are intended for those who are farmers or farm families. AgriSafe has a QPR trainer who is also a Missouri rancher available to train in your state. We do ask for in person groups to be 20-30 in number and virtual over 15.

Missouri Department of Mental Health:

Casey Muckler

casey.muckler@dmh.mo.gov

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	Free. Cost associated to become an instructor.	Available through PRCs Prevention Resource Network Map . In person, virtual, and hybrid options.
QPR for SUD	Free when available. (Dependent on Grant Funding)	In person or virtual.



SOS	Often free. New license: \$495, Annual subscription renewal \$300.	In person or virtual. Available through PRCs Prevention Resource Network Map dmh.mo.gov
CAMS-Care	Free when available. (Dependent on Grant Funding)	Virtual.
LivingWorks	Free when available. (Dependent on Grant Funding)	In person.
Veteran Affairs S.A.V.E	Free when available. (Dependent on Grant Funding)	Virtual.
Domestic Violence Suicide Prevention Training	Free when available. (Dependent on Grant Funding)	Virtual. Curriculum developed through EDC for the COVID-19 grant.
AMSR for SUD	Free when available. (Dependent on Grant Funding)	In person.
Zero Suicide Academy	Free	Virtual.
QPR	Free	Available through PRCs. In person, or virtual. Prevention Resource Network Map dmh.mo.gov
Teen MHFA	Yes-\$1,700/instructor and \$12.95/manual	Only available for schools and organizations-not individuals. In person or blended options.
Youth MHFA	Yes-\$170/person and 20/manual(sometimes free courses with limited availability)	Available through PRCs. In person, virtual, and hybrid options. Prevention Resource Network Map dmh.mo.gov

Missouri Behavioral Health Council:

admin@mospn.org

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	Yes	Please reach out to the contact email for further information.
CALM	Yes	Please reach out to the contact email for further information.

Most Counties in Missouri:

MU Extension:

Kyleigh Brown

k.brown@missouri.edu



Training	Cost	Additional Information
MHFA	None	Virtual, in person, and hybrid options. Counties: All MO counties except Clay, Platte, and St. Charles.
QPR	None	Virtual, in person, and hybrid options. Counties: All MO counties except Clay, Platte, and St. Charles.
Youth Mental Health First Aid	None	Virtual, in person, and hybrid options. Counties: All MO counties except Clay, Platte, and St. Charles.
Teen Mental Health First Aid	None	Virtual, in person, and hybrid options. Counties: All MO counties except Clay, Platte, and St. Charles.

American Foundation for Suicide Prevention-Missouri Chapter:

Phyllis Blackwelder

pblackwelder@afsp.org

Training	Cost	Additional Information
MHFA	None	Virtual. Counties: All in MO except: Clay, Platte, St. Charles,
ASIST	None	In person. Counties: All in MO except: Clay, Platte, St. Charles,
Youth Mental Health First Aid	None	Virtual. Counties: All in MO except: Clay, Platte, St. Charles,
Talk Saves Lives (standard, seniors, LGBTIQQ, firearm safety, workplace setting and corrections modules), More Than Sad (teens, parents and educator modules), It's Real: College Students and Mental Health, Gizmo's Pawsome Guide to Mental Health, It's Real: Teens and Mental Health,	None	Virtual: Talk Saves Lives (standard, seniors, LGBTIQQ, firearm safety modules), More Than Sad (teens, parents and educator modules), It's Real: College Students and Mental Health, Gizmo's Pawsome Guide to Mental Health, It's Real: Teens and Mental Health. In person: safeTALK Talk Saves Lives, More Than Sad, It's Real: College Students and Mental Health, Gizmo's Pawsome Guide to Mental Health, It's Real: Teens and Mental Health,



Safer Homes Collaborative:

Katie Ellison

katie.ellison@mimh.edu

Training	Cost	Additional Information
Conversations for Suicide Safer Homes	1 Hour Conversations for Suicide Safer Homes workshop - free to participants. Currently the 8-hour CSSH instructor training is free.	Virtual and in person options. Counties: Adair, Audrain, Barry, Benton, Barton, Bollinger, Boone, Butler, Callaway, Camden, Cape Girardeau, Carter, Cedar, Chariton, Christian, Clark, Cole, Cooper, Crawford, Dade, Dallas, Dent, Douglas, Dunklin, Franklin, Gasconade, Greene, Hickory, Howard, Howell, Iron, Jasper, Jefferson, Knox, Laclede, Lawrence, Lewis, Lincoln, Linn, Macon, Madison, Maries, Marion, McDonald, Miller, Mississippi, Moniteau, Monroe, Montgomery, Morgan, new Madrid, Newton, Oregon, Osage, Ozark, Pemiscot, Perry, Phelps, Pike, Polk, Pulaski, Putnam, Ralls, Randolph, Reynolds, Ripley, Schuyler, Scotland, Scott, Shannon, Shelby, St. Francois, St. Louis City, St. Louis County, Ste. Genevieve, Stoddard, Stone, Sullivan, Taney, Texas, Warren, Washington, Wayne, Webster, Wright

Region 1: Counties Served: Andrew, Atchison, Buchanan, Clinton, DeKalb, Gentry, Holt, Nodaway, Worth

Preferred Family Healthcare:

Edward Mears

emears@pfh.org

moprevention@pfh.org



Training	Cost	Additional Information
MHFA	None	Virtual, in person, hybrid options. Andrew, Atchison, Buchanan, Clinton, Dekalb, Gentry, Holt, Nodaway, Worth.
QPR	None	Virtual, in person, hybrid options. Andrew, Atchison, Buchanan, Clinton, Dekalb, Gentry, Holt, Nodaway, Worth.
SOS	None	Virtual, in person, hybrid options. Andrew, Atchison, Buchanan, Clinton, Dekalb, Gentry, Holt, Nodaway, Worth.
Youth Mental Health First Aid	None	Virtual, in person, hybrid options. Andrew, Atchison, Buchanan, Clinton, Dekalb, Gentry, Holt, Nodaway, Worth.

City of St. Joseph Health Department:

Stephanie Malita

smalita@stjosephmo.gov

Training	Cost	Additional Information
MHFA	None	In person. Counties: Buchanan
SOS	None	SOS materials provided to interested schools-no training on SOS provided.
Youth Mental Health First Aid	None	In person. Counties: Buchanan

Andrew County Health Department:

Jayne White

jaynew@andrewcountyhealth.com

Training	Cost	Additional Information
Youth Mental Health First Aid	TBD	Virtual, In person, and hybrid

Regions 2-5: Counties Served: Jackson

Compass Health:

Ethan Newman

enewman@compasshn.org

660-223-2387



<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	None	Virtual, in person, hybrid options. Counties: Jackson.
QPR	None	In person and virtually. Counties: Jackson.
SOS	None	In person. Counties: Jackson.
LivingWorks ASIST	None up to a certain amount.	In person. Counties: Jackson.

Independence Health Department:

Halie Smith-Griffin

hsmith-griffin@indepmo.org

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
Youth MHFA	None	Training available in Independence

Region 6: Counties Served: Clay, Platte, Ray

Tri-County Mental Health Services :

Taylor Cline

taylorc@tri-countymhs.org

816-468-0400

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	\$23.95 Free in certain circumstances.	Youth Mental Health First Aid offered quarterly as blended virtual courses to anyone regardless of whether they're in Missouri or not. Teen Mental Health First Aid offered in-person when requested by schools/organizations in Clay, Platte or Ray Counties.
SOS	None	Provided in-person or virtual on an as needed basis to schools in Clay, Platte and Ray Counties.
Hope Squad	None for training and resources are available to cover material expenses	Assists schools in implementing Hope Squads. Offered to Clay, Platte, and Ray County schools on an as needed basis.



Region 7: Counties Served: Cass, Johnson, Lafayette

Compass Health:

Ethan Newman

enewman@compasshn.org

660-223-2387

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	None	Virtual, in person, hybrid options. Counties: Cass, Johnson, Lafayette.
QPR	None	In person and virtually. Counties: Cass, Johnson, Lafayette.
SOS	None	In person. Counties: Cass, Johnson, Lafayette.
LivingWorks ASIST	None up to a certain amount.	In person. Counties: Cass, Johnson, Lafayette.

Region 8A: Counties Served: Barry, Dade, Lawrence

Ozarks Area Community Action Corporation (OACAC):

Sara Villines

svillines@oac.ac

Training	Cost	Additional Information
Adult Mental Health First Aid	None	Virtual, in person, and hybrid. Counties: Barry, Christian, Dade, Dallas, Greene, Lawrence, Polk, Stone, Taney & Webster.
QPR	None	Virtual and in person. Counties: Barry, Christian, Dade, Dallas, Greene, Lawrence, Polk, Stone, Taney & Webster.
Youth Mental Health First Aid	None	Virtual, in person, and hybrid. Counties: Barry, Christian, Dade, Dallas, Greene, Lawrence, Polk, Stone, Taney & Webster.
Teen Mental Health First Aid	None	In person. Counties: Barry, Christian, Dade, Dallas, Greene,



		Lawrence, Polk, Stone, Taney & Webster.
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Region 8B: Counties Served: Bates, Benton, Cedar, Henry, Hickory, St. Clair, Vernon

Compass Health:

Ethan Newman

enewman@compasshn.org

660-223-2387

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	None	Virtual, in person, hybrid options. Counties: Bates, Benton, Cedar, Henry, St. Clair, Vernon.
QPR	None	In person and virtually. Counties: Bates, Benton, Cedar, Henry, St. Clair, Vernon.
SOS	None	In person. Counties: Bates, Benton, Cedar, Henry, St. Clair, Vernon.
LivingWorks ASIST	None up to a certain amount.	In person. Counties: Bates, Benton, Cedar, Henry, St. Clair, Vernon.

Region 9: Counties Served: Barton, Jasper, McDonald, Newton

Ozark Center Comprehensive Behavioral Health Services

Deborah Fitzgerald

dlfitzgerald@freemanhealth.com

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	Cost of manuals and lunch	Offered within the community on-demand and in-person in the service area (Barton, Jasper, Newton and McDonald counties)
CALM	None	Offered in the community by request in the service area
QPR	Cost of the QPR booklet	Offered in the community by request in the service area
SOS	None	Offered to all school districts within the service area and provided to any/all 5th grade through 12th grade students



Region 10: Counties Served: Christian, Dallas, Greene, Polk, Stone, Taney, Webster

Ozarks Area Community Action Corporation (OACAC):

Sara Villines

svillines@oac.ac

Training	Cost	Additional Information
Adult Mental Health First Aid	None	Virtual, in person, and hybrid. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster.
QPR	None	Virtual and in person. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster.
Youth Mental Health First Aid	None	Virtual, in person, and hybrid. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster.
Teen Mental Health First Aid	None	In person. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster.

Stone County Health Department:

Monica Mueller

Monica.Mueller@lpha.mo.gov

Training	Cost	Additional Information
MHFA	None	Unknown format done through MU Extension. Counties: Stone.
QPR	None	Unknown format done through MU Extension. Counties: Stone.
Youth Mental Health First Aid	None	Unknown format done through MU Extension. Counties: Stone.

Region 11: Counties Served: Camden, Cole, Laclede, Miller, Osage, Pulaski

Chads Coalition for Mental Health:

Marian McCord

marianm@chadscoalition.org

Training	Cost	Additional Information
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SOS	\$175 per student presentation, \$300 per parent presentation, \$450 per school training	Virtual, In person, and hybrid options. Counties: Cole.
Suicide Risk Assessment	\$650	Virtual, in person, and hybrid options. Counties: Cole.

Compass Health:

Ethan Newman

enewman@compasshn.org

660-223-2387

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	None	Virtual, in person, hybrid options. Counties: Camden, Cole, Laclede, Miller, Pulaski.
QPR	None	In person and virtually. Counties: Camden, Cole, Laclede, Miller, Pulaski.
SOS	None	In person. Counties: Camden, Cole, Laclede, Miller, Pulaski.
LivingWorks ASIST	None up to a certain amount.	In person. Counties: Camden, Cole, Laclede, Miller, Pulaski.

Region 12: Counties Served: Boone, Carroll, Chariton, Cooper, Howard, Moniteau, Morgan, Pettis, Randolph, Saline

Pettis County Health Center:

Erica Elliott

erica.elliott@lpha.mo.gov

Training	Cost	Additional Information
Youth Mental Health First Aid	None	Virtual, in person, and hybrid options. Counties: Pettis
QPR	None	Virtual, in person, and hybrid. Counties: Pettis.



Region 13: Counties Served: Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan

Preferred Family Healthcare:

Edward Mears

emears@pfh.org

moprevention@pfh.org

Training	Cost	Additional Information
MHFA	None	Virtual, in person, hybrid options. Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan.
QPR	None	Virtual, in person, hybrid options. Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan.
SOS	None	Virtual, in person, hybrid options. Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan.
Youth Mental Health First Aid	None	Virtual, in person, hybrid options. Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan.

Moms Breaking the Silence:

Tosha Shoush

endthestigma4@gmail.com

Training	Cost	Additional Information
MHFA	None	In person only. Counties: Linn.
QPR	None	In person only. Counties: Linn.
Youth Mental Health First Aid	None	In person only. Counties: Linn.
Teen Mental Health First Aid	None	In person only. Counties: Linn.



Compass Health:

Ethan Newman

enewman@compasshn.org

660-223-2387

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	None	Virtual, in person, hybrid options. Counties: Boone, Chariton, Howard, Pettis, Randolph.
QPR	None	In person and virtually. Counties: Boone, Chariton, Howard, Pettis, Randolph.
SOS	None	In person. Counties: Boone, Chariton, Howard, Pettis, Randolph.
LivingWorks ASIST	None up to a certain amount.	In person. Counties: Boone, Chariton, Howard, Pettis, Randolph.

Region 14: Counties Served: Adair, Clark, Knox, Lewis, Macon, Marion, Schuyler, Scotland, Shelby

Preferred Family Healthcare:

Edward Mears

emears@pfh.org

moprevention@pfh.org

Training	Cost	Additional Information
MHFA	None	Virtual, in person, hybrid options. Adair, Clark, Knox, Lewis, Macon, Marion, Schuyler, Scotland, Shelby.
QPR	None	Virtual, in person, hybrid options. Adair, Clark, Knox, Lewis, Macon, Marion, Schuyler, Scotland, Shelby.
SOS	None	Virtual, in person, hybrid options. Adair, Clark, Knox, Lewis, Macon, Marion, Schuyler, Scotland, Shelby.
Youth Mental Health First Aid	None	Virtual, in person, hybrid options. Adair, Clark, Knox, Lewis, Macon, Marion, Schuyler, Scotland, Shelby.



Chads Coalition for Mental Health:

Marian McCord

marianm@chadscoalition.org

Training	Cost	Additional Information
SOS	\$175 per student presentation, \$300 per parent presentation, \$450 per school training	Virtual, In person, and hybrid options. Counties: Marion.
Suicide Risk Assessment	\$650	Virtual, in person, and hybrid options. Counties: Marion.

Moms Breaking the Silence:

Tosha Shoush

endthestigma4@gmail.com

Training	Cost	Additional Information
MHFA	None	In person only. Counties: Macon.
QPR	None	In person only. Counties: Macon.
Youth Mental Health First Aid	None	In person only. Counties: Macon.
Teen Mental Health First Aid	None	In person only. Counties: Macon.

Region 15: Counties Served: Audrain, Callaway, Monroe, Montgomery, Pike, Ralls

Chads Coalition for Mental Health:

Marian McCord

marianm@chadscoalition.org

Training	Cost	Additional Information
SOS	\$175 per student presentation, \$300 per parent presentation, \$450 per school training	Virtual, In person, and hybrid options. Counties: Callaway, Monroe.
Suicide Risk Assessment	\$650	Virtual, in person, and hybrid options. Counties: Callaway, Monroe.



Compass Health:

Ethan Newman

enewman@compasshn.org

660-223-2387

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	None	Virtual, in person, hybrid options. Counties: Callaway.
QPR	None	In person and virtually. Counties: Callaway.
SOS	None	In person. Counties: Callaway.
LivingWorks ASIST	None up to a certain amount.	In person. Counties: Callaway.

Region 16: Counties Served: Franklin, Lincoln, St. Charles, Warren

Compass Health:

Ethan Newman

enewman@compasshn.org

660-223-2387

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	None	Virtual, in person, hybrid options. Counties: Franklin, Lincoln, St. Charles, Warren.
QPR	None	In person and virtually. Counties: Franklin, Lincoln, St. Charles, Warren.
SOS	None	In person. Counties: Franklin, Lincoln, St. Charles, Warren.
LivingWorks ASIST	None up to a certain amount.	In person. Counties: Franklin, Lincoln, St. Charles, Warren.

St. Louis Regional Suicide Prevention Coalition:

Elizabeth Makulec

elizabeth.makulec@kuto.org

Training	Cost	Additional Information
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MHFA	Determined by coalition	Training provided by coalition members. Counties: Franklin, St. Charles.
CALM	Determined by coalition	Training provided by coalition members. Counties: Franklin, St. Charles.
QPR	Determined by coalition	Training provided by coalition members. Counties: Franklin, St. Charles.
SOS	Determined by coalition	Training provided by coalition members. Counties: Franklin, St. Charles.
ASSIST	Determined by coalition	Training provided by coalition members. Counties: Franklin, St. Charles.
Youth Mental Health First Aid	Determined by coalition	Training provided by coalition members. Counties: Franklin, St. Charles.
Teen Mental Health First Aid	Determined by coalition	Training provided by coalition members. Counties: Franklin, St. Charles.

PreventEd:

Stacie Zellin

szellin@prevented.org

Training	Cost	Additional Information
Youth Mental Health First Aid	None	Virtual and in person. Counties Franklin, Lincoln, Warren.
Teen Mental Health First Aid	None	In person only. Counties Franklin, Lincoln, Warren.

Veterans' Health Administration:

St. Louis Suicide Prevention Team

VHASPCMO-657STLSuicidePreventionTeam@va.gov

Training	Cost	Additional Information
Veteran Affairs S.A.V.E	None	Virtual and in person offered. Counties: Franklin, Lincoln, Warren.



Chads Coalition for Mental Health:

Marian McCord

marianm@chadscoalition.org

Training	Cost	Additional Information
SOS	\$175 per student presentation, \$300 per parent presentation, \$450 per school training	Virtual, In person, and hybrid options. Counties: Franklin, Lincoln.
Suicide Risk Assessment	\$650	Virtual, in person, and hybrid options. Counties: Franklin, Lincoln.

Region 17A: Counties Served: Crawford, Dent, Gasconade, Maries, Phelps

Compass Health:

Ethan Newman

enewman@compasshn.org

660-223-2387

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	None	Virtual, in person, hybrid options. Counties: Crawford, Dent, Gasconade, Phelps.
QPR	None	In person and virtually. Counties: Crawford, Dent, Gasconade, Phelps.
SOS	None	In person. Counties: Crawford, Dent, Gasconade, Phelps.
LivingWorks ASIST	None up to a certain amount.	In person. Counties: Crawford, Dent, Gasconade, Phelps.

Region 17B: Counties Served: Iron, St. Francois, Washington

Behavioral Health Response (BHR):

Nikki Edwards

nedwards@bhrworldwide.com

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	Yes, varies please contact for more information on cost.	In person and virtual options. Counties: Iron, St. Francois, Washington.



Suicide Awareness and Prevention/Intervention Middle/High school, and Adults.	Yes, varies	In person and virtual options. Counties: Iron, St. Francois, Washington.
LivingWorks ASIST	Yes, varies	Available in-person only. Counties: Iron, St. Francois, Washington.

Region 18: Counties Served: Douglas, Howell, Oregon, Ozark, Shannon, Texas, Wright

No organizations have been identified that provide trainings to these specific counties. For potential training opportunities, please see organizations listed under Statewide Trainings and Resources or Most Missouri Counties.

Region 19: Counties Served: Butler, Carter, Dunklin, Pemiscot, Reynolds, Ripley, Wayne

Southeast Missouri Behavioral Health:

Scott Greer

prevention@semobh.org

Training	Cost	Additional Information
MHFA	Varies	Virtual and in person offered. Counties: Butler, Carter, Reynolds, Ripley, Wayne.
QPR	No cost	In person. Counties: Butler, Carter, Reynolds, Ripley, Wayne.
SOS	Provided to schools for no cost	In person. Counties: Butler, Carter, Reynolds, Ripley, Wayne.
Youth Mental Health First Aid	Varies	Virtual. Counties: Butler, Carter, Reynolds, Ripley, Wayne.

Lincoln University Cooperative Extension:

Rosie Davis

rosiel_davis@yahoo.com

Trainings	Cost	Additional Information
MHFA	Varies, some free	Virtual, in person, and hybrid options available. Counties: Butler, Dunklin, Pemiscot.
ALR	Varies, some free	Hybrid. Counties: Butler, Dunklin, Pemiscot.



QPR	Varies, some free	Hybrid. Counties: Butler, Dunklin, Pemiscot.
Youth Mental Health First Aid	Varies, some free	Virtual, in person, and hybrid options available. Counties: Butler, Dunklin, Pemiscot.
Teen Mental Health First Aid	Varies, some free	Virtual, in person, and hybrid options available. Counties: Butler, Dunklin, Pemiscot.

Region 20: Counties Served: Mississippi, New Madrid, Scott, Stoddard

Southeast Missouri Behavioral Health:

Scott Greer

prevention@semobh.org

Training	Cost	Additional Information
MHFA	Varies	Virtual and in person offered. Counties: Stoddard.
QPR	No cost	In person. Counties: Stoddard.
SOS	Provided to schools no cost	In person. Counties: Stoddard.
Youth Mental Health First Aid	Varies	Virtual. Counties: Stoddard.

Lincoln University Cooperative Extension:

Rosie Davis

rosiel_davis@yahoo.com

Trainings	Cost	Additional Information
MHFA	Varies, some free	Virtual, in person, and hybrid options available. Counties: Mississippi, New Madrid, Scott.
ALR	Varies, some free	Hybrid. Counties: Mississippi, New Madrid, Scott.
QPR	Varies, some free	Hybrid. Counties: Mississippi, New Madrid, Scott.
Youth Mental Health First Aid	Varies, some free	Virtual, in person, and hybrid options available. Counties: Mississippi, New Madrid, Scott.
Teen Mental Health First Aid	Varies, some free	Virtual, in person, and hybrid options available. Counties: Mississippi, New Madrid, Scott.



Region 21: Counties Served: Bollinger, Cape Girardeau, Madison, Perry, Ste. Genevieve

Community Counseling Center:

Rick Strait
rstrait@cccnr.com
 573-334-1100

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	Varies	Currently offered virtual. Counties: Bollinger, Cape Girardeau, Madison, Perry, Ste. Genevieve
CALM	Varies	Offered virtually and in-person Counties: Bollinger, Cape Girardeau, Madison, Perry, Ste. Genevieve
QPR	Varies	Currently offered virtual, but in the future, it will likely be offered virtual and in-person. Counties: Bollinger, Cape Girardeau, Madison, Perry, Ste. Genevieve
Youth Mental Health First Aid	Varies	Currently offered virtual Counties: Bollinger, Cape Girardeau, Madison, Perry, Ste. Genevieve

Region 22: Counties Served: Jefferson

PreventEd:

Stacie Zellin
szellin@prevented.org

Training	Cost	Additional Information
Youth Mental Health First Aid	None	Virtual and in person. Counties Jefferson.
Teen Mental Health First Aid	None	In person only. Counties Jefferson.

Veterans' Health Administration:

St. Louis Suicide Prevention Team
VHASPCMO-657STLSuicidePreventionTeam@va.gov

Training	Cost	Additional Information
Veteran Affairs S.A.V.E	None	Virtual and in person offered. Counties: Jefferson.



CHADS Coalition for Mental Health:

Marian McCord

marianm@chadscoalition.org

Training	Cost	Additional Information
SOS	\$175 per student presentation, \$300 per parent presentation, \$450 per school training	Virtual, In person, and hybrid options. Counties: Jefferson.
Suicide Risk Assessment	\$650	Virtual, in person, and hybrid options. Counties: Jefferson.

St. Louis Regional Suicide Prevention Coalition:

Elizabeth Makulec

elizabeth.makulec@kuto.org

Training	Cost	Additional Information
MHFA	Determined by coalition	Training provided by coalition members. Counties: Jefferson
CALM	Determined by coalition	Training provided by coalition members. Counties: Jefferson
QPR	Determined by coalition	Training provided by coalition members. Counties: Jefferson
SOS	Determined by coalition	Training provided by coalition members. Counties: Jefferson.
ASSIST	Determined by coalition	Training provided by coalition members. Counties: Jefferson
Youth Mental Health First Aid	Determined by coalition	Training provided by coalition members. Counties: Jefferson
Teen Mental Health First Aid	Determined by coalition	Training provided by coalition members. Counties: Jefferson

Behavioral Health Response (BHR):

Nikki Edwards

nedwards@bhrworldwide.com

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	Yes, varies please contact for more information on cost.	In person and virtual options. Counties: Jefferson.
Suicide Awareness and Prevention/Intervention Middle/High school, and Adults.	Yes, varies	In person and virtual options. Counties: Jefferson.



LivingWorks ASIST	Yes, varies	Available in-person only. Counties: Jefferson.
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Region 23-25: Counties Served: St. Louis City and St. Louis

Behavioral Health Response (BHR):

Nikki Edwards

nedwards@bhrworldwide.com

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	Yes, varies please contact for more information on cost.	In person and virtual options. Counties: St. Louis City/County.
Suicide Awareness and Prevention/Intervention Middle/High school, and Adults.	Yes, varies	In person and virtual options. Counties: St. Louis City/County.
LivingWorks ASIST	Yes, varies	Available in-person only. Counties: St. Louis City/County.

Provident Behavioral Health:

Shelby Beasley

szurickbeasley@providentstl.org

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	\$150/hr.	In person. Counties: St. Louis City, St. Louis County
QPR	\$150/hr.	Hybrid options. Counties: St. Louis City, St. Louis County.
ASIST	\$180 for full two-day training	In person. Counties: St. Louis City, St. Louis County.
Youth Mental Health First Aid	\$150/hr.	In person. Counties: St. Louis City, St. Louis County.

Missouri Institute of Mental Health:

Liz Sale

liz.sale@mimh.edu

<i>Training</i>	<i>Cost</i>	<i>Additional Information</i>
MHFA	None	Offered to general public as well as instructor training. Training for general public is free. Trainings located in St. Louis area.



CALM	None	Offered virtually and in-person. Open to anyone in St. Louis area or travelling to that area.
QPR	None	Offered on demand, in-person or virtually. Open to anyone in or travelling to St. Louis.
Conversations on Suicide Safer Homes	None	Offered virtually and in person to anyone in or traveling to St. Louis.

PreventEd:

Stacie Zellin
szellin@prevented.org

Training	Cost	Additional Information
Youth Mental Health First Aid	None	Virtual and in person. Counties: St. Louis County, St. Louis City.
Teen Mental Health First Aid	None	In person only. Counties: St. Louis County, St. Louis City.

Veterans' Health Administration:

St. Louis Suicide Prevention Team
VHASPCMO-657STLSuicidePreventionTeam@va.gov

Training	Cost	Additional Information
Veteran Affairs S.A.V.E	None	Virtual and in person offered. Counties: St. Louis City, St. Louis County.

Chads Coalition for Mental Health:

Marian McCord
marianm@chadscoalition.org

Training	Cost	Additional Information
SOS	\$175 per student presentation, \$300 per parent presentation, \$450 per school training	Virtual, In person, and hybrid options. Counties: St. Louis City, St. Louis County.
Suicide Risk Assessment	\$650	Virtual, in person, and hybrid options. Counties: St. Louis City, St. Louis County.



Ozarks Area Community Action Corporation (OACAC):

Sara Villines

svillines@oac.ac

Training	Cost	Additional Information
MHFA	None	Virtual, in person, and hybrid. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster.
QPR	None	Virtual and in person. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster.
Youth Mental Health First Aid	None	Virtual, in person, and hybrid. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster.
Teen Mental Health First Aid	None	In person. Counties: Christian, Dallas, Greene, Polk, Stone, Taney, Webster.

Midtown Service and Treatment Center (The Salvation Army):

Holly Allen

holly.allen@usc.salvationarmy.org

Training	Cost	Additional Information
MHFA	None	Virtual. Counties: St. Louis City, St. Louis County.
Zero Suicide	None	Hybrid. Counties: St. Louis City, St. Louis County.
QPR	None	Virtual, In person. Counties: St. Louis City, St. Louis County.

St. Louis Regional Suicide Prevention Coalition:

Elizabeth Makulec

elizabeth.makulec@kuto.org

Contact | stlsuicideprevention.org

Training	Cost	Additional Information
MHFA	Determined by coalition	Training provided by coalition members. Counties: St. Louis City, St. Louis County.



CALM	Determined by coalition	Training provided by coalition members. Counties: St. Louis City, St. Louis County.
QPR	Determined by coalition	Training provided by coalition members. Counties: St. Louis City, St. Louis County.
SOS	Determined by coalition	Training provided by coalition members. Counties: St. Louis City, St. Louis County.
ASSIST	Determined by coalition	Training provided by coalition members. Counties: St. Louis City, St. Louis County.
Youth Mental Health First Aid	Determined by coalition	Training provided by coalition members. Counties: St. Louis City, St. Louis County.
Teen Mental Health First Aid	Determined by coalition	Training provided by coalition members. Counties: St. Louis City, St. Louis County.

Other Resources:

Hope Policy Academy:

Ryan Lindsay
rlindsay@wustl.edu

Training	Cost	Additional Information
Customized workshops utilizing evidence-informed suicide risk assessment, safety planning, and interventions (DBT, BCBT-SP).	Price based on workshop specifics	Offered primarily to hospitals, schools, and community providers. Virtual and in person options. Counties: Jefferson, St. Louis City, St. Louis County.

St. Louis Queer+ Support Helpline:

Luka Cai
general@thesqsh.org

Training	Cost	Additional Information
Peer Counseling Training (50 Hours)	Free to attend for Helpline Volunteers undergoing Peer Counseling trainings to serve on SQSH's Peer Support Helpline for 1 year Sliding scale charge for other organizations or participants to request Trainings	Virtual and in person options. Counties: Clinton, Crawford, Franklin, Jefferson, Lincoln, Madison, Monroe, St. Clair, St. Louis City, St. Louis County, Warren



	from SQSH, at an average rate of \$300/hour	
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Northwest Missouri Suicide Prevention Coalition:

Hilary Castleberry

hcastle96@yahoo.com

Training	Cost	Additional Information
Mental Health Awareness	None	In person. Counties: Daviess, Harrison, Mercer.

If you do not see your organization or training listed, we are sorry we missed you! We want to hear from you and get you added. Please send an email to: admin@mospn.org.